#### **About Maryhaven**

Maryhaven is a nonprofit, Long Island based agency committed to helping persons with physical disabilities, mental disabilities and substance abuse/dependence issues without regard to age, race, and/or religious beliefs to realize their full potential. The agency's purpose is to serve this population by establishing, maintaining, and operating progressive programs and services which are residential, educational, and vocational in nature. The ideal goal is the attainment of normalization, in all aspects of life, for each individual in our care.

#### Mission Statement Catholic Health Services

Catholic Health Services of Long Island, as a ministry of the Catholic Church, continues Christ's healing mission, promotes excellence in care, and commits itself to those in need.

CHSLI affirms the sanctity of life, advocates for the poor and serves the common good.

It conducts its healthcare practice, business, education, and innovation with justice, integrity, and respect for the dignity of each person

As a member of Catholic Health Services, the Mission of Maryhaven Center of Hope is to improve, enrich, and respect the lives of people with special needs. We promote each person's highest potential by encouraging all aspects of growth. We are committed to delivering quality services through out the individual's life journey. Together, we will make the difference.

Lewis Grossman Chief Executive Officer Mary Ellen Conrad Director Nassau Day Programs & Supported Housing

## For more information, contact:

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# HORIZON Personalized Recovery Oriented Services





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## Personalized Recovery Oriented Services (PROS)

Maryhaven HORIZON PROS program offers a comprehensive recovery-oriented program for individuals with mental illness.

The goal of the program is to integrate treatment, support and rehabilitation in a manner that facilitates an individual's recovery. This is achieved in a collaborative process that includes the individual, the PROS staff and additional supports/resources which have been identified. They work together to develop an Individualized Action Plan.

At HORIZON PROS, the individual is encouraged to make choices about his or her future and life roles.

There are four service components that are offered:

# Community Rehabilitation & Support (CRS)

CRS Services consists of activities, groups and services that are designed to engage and assist individuals in managing their illness and restoring those skills and supports necessary for living successfully in the community:

Examples of these services include:

- Wellness Self Management
- Basic Living Skills
- Skill Development and Support
- Individual Recovery Planning
- Work Readiness Group
- Applications and Resumés
- Job Search Methods

## Intensive Rehabilitation (IR)

The IR component is a customized package of rehabilitation and support services designed to assist an individual in attaining specific life goals such as a higher level of education, secure housing and employment. IR may also be used to provide targeted interventions to reduce the risk of hospitalization or involvement in the criminal justice system.

Examples of these services include:

- Intensive Relapse Prevention
- Intensive Rehabilitation Goal Acquisition

# Ongoing Rehabilitation Support (ORS)

The ORS component provides support and advocacy to assist individuals in managing their symptoms in the competitive workplace.

### Clinical Treatment (CT)

CT services are designed to provide a recovery focused approach with medication management, health assessment, clinical counseling and therapy, all integrated with PROS rehabilitative service to provide comprehensive care.





**HORIZON PROS** is operated by Maryhaven Center of Hope, a member of the Catholic Health Services of Long Island.

HORIZON PROS is licensed by the NYS OMH to offer Comprehensive Personalized Recovery Oriented Services.

If you or someone you know is is interested in finding out more about the services provided at HORIZON or need to request referral information, please contact the Horizon Intake staff at (516) 632-7980.