

## About Maryhaven

Maryhaven is a nonprofit, Long Island based agency committed to helping persons with special needs including intellectual disabilities, mental health issues, physical disabilities, and/or substance abuse/dependence issues realize their full potential, without regard to age, race, and/or religious beliefs. The agency's purpose is to establish, maintain and operate progressive programs and services which are residential, educational, vocational and rehabilitative in nature. The ideal goal is the attainment of normalization, in all aspects of life, for each individual we support.

## Mission Statement Catholic Health Services

Catholic Health Services of Long Island, as a ministry of the Catholic Church, continues Christ's healing mission, promotes excellence in care, and commits itself to those in need.

CHSLI affirms the sanctity of life, advocates for the poor and serves the common good.

It conducts its healthcare practice, business, education, and innovation with justice, integrity, and respect for the dignity of each person

As a member of Catholic Health Services, the Mission of Maryhaven Center of Hope is to improve, enrich, and respect the lives of people with special needs. We promote each person's highest potential by encouraging all aspects of growth. We are committed to delivering quality services throughout the individual's life journey. Together, we will make the difference.

Lewis Grossman  
President & CEO

Patricia Soviero-Fogarty  
Executive Division Director  
Adult Day Programs - Nassau/Suffolk  
OMH/OASAS Adult Residential

Francine Lamendola-Magnuson  
Program Director

### For more information, contact:

Program Manager  
ext. 205



**Maryhaven Center of Hope**  
Catholic Health Services  
At the heart of health

**PROS East**  
127 West Main Street  
Riverhead, NY 11901  
T: (631) 727-4044  
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[www.maryhaven.chsli.org](http://www.maryhaven.chsli.org)



## PROS East

Personalized Recovery  
Oriented Services



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(516) 727-4044

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## PROS East

### Our Philosophy

At Maryhaven, our philosophy towards mental health is to maximize an individual's ability to function in a healthy manner. We assist individuals diagnosed with psychiatric disabilities and dual diagnoses in choosing, attaining and keeping their preferred living, learning, working and social environments with the least amount of on-going professional intervention. Recovery and dual recovery is our focus.

### Our Mission

We are committed to assisting individuals in their recovery from the disabling effects of mental illness as well as for individuals who have co-occurring diagnoses through the coordinated delivery of a customized array of rehabilitation, treatment and support services.

### The Program

#### An Individual Approach

The program structure combines rehabilitation services that assist each individual in managing their illness and restoring the skills and supports necessary to live in the community. The program's time-limited, goal focused intensive rehabilitation can be accessed by an individual at various points during their recovery process. Ongoing rehabilitation and support allow Maryhaven staff to offer continued assistance to an individual who has secured a job; and the clinical treatment component allows treatment services to be fully integrated into the rehabilitation planning and service provision.

Service components are coordinated using an Individualized Recovery Plan (IRP) and are delivered through a psycho-educational approach. Services are provided in both the traditional program setting and in off-site locations where individuals live, learn, work or socialize. At Maryhaven we pride ourselves in creating a therapeutic environment which fosters awareness, hopefulness and motivation for recovery.

#### Services from which one can choose include:

- Pre-Admission Screening
- Assessment
- Basic Living Skills Training
- Benefits and Financial Management
- Community Living Exploration
- Crisis Intervention
- Engagement
- Individual Recovery Planning
- Information and Education Regarding Self Help
- Structured Skill Development and Support
- Wellness Self-Management
- Family Psycho-Education
- Intensive Rehabilitation Goal Acquisition
- Intensive Relapse Prevention
- Ongoing Rehabilitation and Support
- Cognitive Remediation
- Clinical Counseling
- Health Assessment
- Medication Management
- Integrated Treatment/Dual Diagnosis
- Symptom Management

#### Programming is offered in three separate tracks:

**Track I:** Addresses the specific needs of participants with a dual diagnosis of mental illness and intellectual disabilities (MI/ID).

**Track II:** Designed for individuals with a diagnosis of mental illness (MI) and may also present with co-occurring diagnosis of substance abuse/dependence.

**Track III:** Specific for individuals who require more focus on services for individuals that address cognitive limitations and co-occurring diagnoses.

#### Admission

Individuals must be 18 years of age or older, who have a mental illness diagnosis that meets DSM IV criteria.

PROS services are covered by Medicaid. Medicare and most private insurance are also accepted. For those individuals who are not Medicaid-eligible, sliding scale fees are available.

If you have any questions, or are interested in applying for admission to the PROS East program, please contact the program at (631) 727-4044.

#### PROS East Program Hours:

##### Track I (MI/ID)

8:30 a.m. - 1:30 p.m.  
Monday thru Friday

##### Track II (MI/Dual Recovery)

12:00 p.m. - 4:00 p.m.  
Monday thru Thursday

##### Track III (Working Adults)

4:00 p.m. - 7:00 p.m.  
Tuesday thru Thursday