

## About Maryhaven

Maryhaven is a nonprofit, Long Island based agency committed to helping persons with special needs including intellectual disabilities, mental health issues, physical disabilities, and/or substance abuse/dependence issues realize their full potential, without regard to age, race, and/or religious beliefs. The agency's purpose is to establish, maintain and operate progressive programs and services which are residential, educational, vocational and rehabilitative in nature. The ideal goal is the attainment of normalization, in all aspects of life, for each individual we support.

## Mission Statement Catholic Health Services

Catholic Health Services of Long Island, as a ministry of the Catholic Church, continues Christ's healing mission, promotes excellence in care, and commits itself to those in need.

CHSLI affirms the sanctity of life, advocates for the poor and serves the common good.

It conducts its healthcare practice, business, education, and innovation with justice, integrity, and respect for the dignity of each person

As a member of Catholic Health Services, the Mission of Maryhaven Center of Hope is to improve, enrich, and respect the lives of people with special needs. We promote each person's highest potential by encouraging all aspects of growth. We are committed to delivering quality services throughout the individual's life journey. Together, we will make the difference.

Lewis Grossman  
President & CEO

Patricia Soviero-Fogarty  
Executive Division Director  
Adult Day Programs - Nassau/Suffolk  
OMH/OASAS Adult Residential

Amanda Dondero  
Director of Vocational/Placement Services

## For more information, contact:

Program Manager  
ext. 117



**Maryhaven Center of Hope**  
Catholic Health Services  
At the heart of health

**PROS West**  
445A County Road 101  
Yaphank, NY 11980  
T: (631) 924-5900  
F: (631) 924-4111  
[www.maryhaven.chsli.org](http://www.maryhaven.chsli.org)



## PROS West

Personalized Recovery  
Oriented Services



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## PROS West

### Our Philosophy

At Maryhaven, our philosophy towards mental health is to maximize an individual's ability to function in a healthy manner. We assist individuals diagnosed with psychiatric disabilities in choosing, attaining and keeping their preferred living, learning, working and social environments with the least amount of on-going professional intervention. Recovery is our focus.

### Our Mission

We are committed to assisting individuals in recovering from the disabling effects of serious mental illness and co-occurring disorders through the coordinated delivery of a customized array of rehabilitation, treatment and support services.

### The Program

#### An Individual Approach

The program structure combines rehabilitation services that assist each individual in managing their illness and restoring the skills and supports necessary to live in the community. The program is a time-limited, goal focused, intensive rehabilitation which can be accessed by an individual at various points during their recovery process. Ongoing rehabilitation and support allow Maryhaven staff to offer continued assistance to an individual who has secured a job.

Service components are coordinated using an Individualized Action Plan (IAP) and are delivered through a psycho-educational approach. Services are provided in both the traditional program setting and in off-site locations where individuals live, learn, work or socialize. At Maryhaven we pride ourselves in creating a therapeutic environment which fosters awareness, hopefulness and motivation for recovery.

#### Services from which one can choose include:

- Pre-Admission Screening
- Assessment
- Basic Living Skills Training
- Benefits and Financial Management
- Community Living Exploration
- Crisis Intervention
- Engagement
- Individual Action Planning
- Information and Education regarding Self Help
- Structured Skill Development and Support
- Wellness Self-Management
- Family Psycho-Education
- Intensive Rehabilitation Goal Acquisition
- Intensive Relapse Prevention
- Ongoing Rehabilitation and Support
- Cognitive Remediation
- Clinical Counseling
- Health Assessment
- Medication Management
- Symptom Management
- Co-occurring/Integrated Treatment
- Individual Placement Services for Employment



### Admission

Individuals must be 18 years of age or older, who have a mental illness diagnosis that meets DSM V criteria.

PROS services are covered by Medicaid. For those individuals who are not Medicaid-eligible, sliding scale fees are available.

If you have any questions, or are interested in applying for admission to the PROS West program, please contact the program at 631.924.5900

#### PROS West Program Hours:

9:00 a.m. - 2:30 p.m.  
Monday thru Friday