

About Maryhaven

Maryhaven is a nonprofit, Long Island based agency committed to helping persons with special needs including intellectual disabilities, mental health issues, physical disabilities, and/or substance abuse/dependence issues realize their full potential, without regard to age, race, and/or religious beliefs. The agency's purpose is to establish, maintain and operate progressive programs and services which are residential, educational, vocational and rehabilitative in nature. The ideal goal is the attainment of normalization, in all aspects of life, for each individual we support.

Mission Statement Catholic Health Services

Catholic Health Services of Long Island, as a ministry of the Catholic Church, continues Christ's healing mission, promotes excellence in care, and commits itself to those in need.

CHSLI affirms the sanctity of life, advocates for the poor and serves the common good.

It conducts its healthcare practice, business, education, and innovation with justice, integrity, and respect for the dignity of each person

As a member of Catholic Health Services, the Mission of Maryhaven Center of Hope is to improve, enrich, and respect the lives of people with special needs. We promote each person's highest potential by encouraging all aspects of growth. We are committed to delivering quality services throughout the individual's life journey. Together, we will make the difference.

Lewis Grossman
President & CEO

Patricia Soviero-Fogarty
Executive Division Director
Adult Day Programs - Nassau/Suffolk
OMH/OASAS Adult Residential

Francine Lamendola-Magnuson
Program Director

For more information, contact:

Program Manager
ext. 220



Maryhaven Center of Hope
Catholic Health Services
At the heart of health

Steps To Life

240 West Main Street
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www.maryhaven.chsli.org



Steps To Life

Services for Youth,
Adults and Their Families



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Catholic Health Services
At the heart of health

(516) 727-0710

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Steps To Life

Who Are We?

The Steps to Life program is an Office of Alcohol and Substance Abuse Services (OASAS) Part 822 program. We are a group of caring professionals and clinicians who are committed to working with adolescents, adults and their families. We provide a full spectrum of services with a goal to assist in the recovery and stabilization of individuals who have a history of substance abuse and/or co-occurring disorder. The services we provide include: education, prevention, intervention and treatment. Program participants are supported in developing the necessary skills and desire to maintain abstinence and a healthy on-going relationship within their family system.

Steps To Life is a tobacco-free, smoke-free facility.

Our Services

- Medication Management and Education
- Symptom Management
- Crisis Intervention
- Anger Management
- Assessment/Treatment Planning
- Parenting
- Education Services
- Vocational Referrals
- Dual Focus Groups
- Clinical Support Services
- Psychiatric Services
- Individual and Group Therapy
- Family Counseling/Intervention
- Specialized Groups
- After Hours Contact
- Impaired Driving Offender Course
- Discharge Planning and Follow-up



Steps To Life Program Hours

Monday	12:00 p.m. to 7:00 p.m.
Tuesday	1:00 p.m. to 8:00 p.m.
Wednesday	12:00 p.m. to 7:00 p.m.
Thursday	1:00 p.m. to 8:00 p.m.
Friday	10:00 a.m. to 5:00 p.m.

Who Is Eligible?

Individuals interested in enrolling in the program:

- May have a history of substance abuse or at risk for abusing substances
- May have a co-occurring disorder
- Should be at least 12 years of age

No applicant will be denied admission based solely on race, creed, color, sex, age, multiple diagnosis, medical condition or national origin.

All applications referred to Steps to Life are screened by the team prior to acceptance.

Accepted Payment Information

- Medicaid/Medicare
- Most Private Insurances
(call for a list of those accepted)
- Sliding Scale Fee for those who qualify
(fee determined by the accounting department)